

Rest your Mind & Soften your Soul this November...

Fill your soul with peace for an attitude of gratitude

Join us for an evening of the magical sounds of
bowls & percussion instruments with

Marie de Martinez of Sound SAGE.

*Relax & immerse yourself in a Sound Bath:
A deep, intense, whole-body listening experience that has
therapeutic & restorative effects on the mind & body,
allowing your body to rest & receive.*

\$20 PER PERSON * LIMITED SPACE

(ADULTS ONLY * PAYMENT REQUIRED AT REGISTRATION)

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**NOVEMBER
2026**

**645PM - 745PM
DOORS OPEN 630PM**

*All you'll need is comfy clothes - feel free to bring a mat, pillow,
blanket, water bottle...chairs available to relax in, as well!*

REGISTRATION DEADLINE:

FRIDAY, NOVEMBER 13TH OR UNTIL SOLD OUT

Sound SAGE

Marie de Martinez, MA

Certified Vibrational Sound Therapist

Certified Professional Coach

*Facebook: SoundSAGE * Website: sagehc.com*

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