

November "Attitude of Gratitude" Sound Bath Event

Wednesday, November 18th



REGISTRATION DEADLINE:

Friday, November 13, 2026

EVENT DETAILS:

Doors open at 630pm * Multi-Purpose Room

Sound Bath 645pm - 745pm

PRICING:

\$20 per Person (cash or check)

Credit Card (processing fee applies)

Or contact Nancy directly for Venmo details

Visit our Website at ccfitnesscenter.com under Adult Activities tab

NO REGISTRATION ACCEPTED WITHOUT FULL PAYMENT!

Limited Availability - Secure your spot today!

November Attitude of Gratitude Sound Bath (11/18/26)

Participant's Name: _____ Phone Number: _____

Address: _____ City: _____ State: _____ Zip: _____

Email Address: _____ Fitness Center Member: YES _____ NO _____

Amount Paid: _____ Date Paid: _____ Cash: _____ Check: _____ Credit Card: _____ Online: _____

Each participant must sign below and acknowledge the existence of and assume responsibility for certain risks associated with the program which may cause damage to property or personal bodily injury or death to the participant, and further more, herewith agree to indemnity & hold forever harmless the Merrick County Health & Fitness Center, its Board of Directors, Employees &/or Contracted Vendors.

I have read the entry information provided & certify my compliance by my signature below. I also understand that the fee is nonrefundable, unless otherwise approved by Center Director.

Signature: _____ Date: _____



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